

Strathmore Aquatic Centre

May 10<sup>th</sup> – 16<sup>th</sup> / 2010

\*SHARED TIMES

Monday, 10 <sup>th</sup>	Tuesday, 11 <sup>th</sup>	Wednesday, 12 <sup>th</sup>	Thursday, 13 <sup>th</sup>	Friday, 14 <sup>th</sup>	Saturday, 15 <sup>th</sup>	Sunday, 16 <sup>th</sup>
Lane Swim 6:00 – 9:00 am	Lane Swim 6:00 – 9:00 am	Lane Swim 6:00 – 9:00 am	Lane Swim 6:00 – 9:00 am	Lane Swim 6:00 – 9:00 am	Lessons 9:00 – 12:00 pm	OPEN FOR RENTALS
Aquasize 9:00 – 10:00 am	*Senior / Adult 9:00 – 10:00 am	Aquasize 9:00 – 10:00 am	*Senior / Adult 9:00 – 10:00 am	Aquasize 9:00 – 10:00 am		
Special Need Swim Group A 10:00 – 11:00 am	Lane Swim 12:00 – 1:00 pm	Lane Swim 12:00 – 1:00 pm	Lane Swim 12:00 – 1:00 pm	Lane Swim 12:00 – 1:00 pm		
Special Need Swim Group B 11:00 – 12:00 pm						
Lane Swim 12:00 – 1:00 pm					*Lane / Parent & Tot 12:00 – 1:00 pm	Lane Swim 12:00 -1:00 pm
Open Swim 3:00 – 4:00 pm	Open Swim 3:00 – 4:00 pm	Open Swim 3:00 – 4:00 pm		Open Swim 3:00 – 4:00 pm	Public Swim 1:00 – 3:00 pm	Public Swim 1:00 – 3:00 pm
*Lane / Public 4:00 – 5:00 pm	Lessons 4:00 – 7:00 pm	*Lane / Public 4:00 – 5:00 pm	Lessons 4:00 – 7:00 pm	* Privates / Parent & Tot 4:00 – 6:00 pm	Family Swim 3:00 – 5:00 pm	FREE Family Swim 3:00 – 5:00 pm
SilverSharks 5:00 – 7:30 pm	Family Swim 7:00 – 8:00 pm	SilverSharks 5:00 – 7:30 pm	Family Swim 7:00 – 8:00 pm	Lane Swim 6:00 – 7:00 pm	OPEN FOR RENTALS	OPEN FOR RENTALS
Aquasize 7:30 – 8:30 pm	*Adult / Lane Swim 8:00 – 9:00 pm	Aquasize 7:30 – 8:30 pm	Deep Water Run 8:00 – 9:00 pm	Family Swim 7:00 – 8:30 pm		
*Lane Swim 8:30 – 10:00 pm	Public Swim 9:00 – 10:00 pm	*Lane Swim 8:30 – 10:00 pm	Public Swim 9:00 – 10:00 pm	Public Swim 8:30 – 10:00 pm		

- Wednesday from 4:00 – 5:00 pm Lane / Public Swim will be shared with adult lessons.
- Mondays & Wednesdays from April 12<sup>th</sup> – June 2<sup>nd</sup>, evening lane swim from 8:30 – 10:00 pm will be shared with adult lessons.
- Thursday from 9:00 – 10:00 am Senior / Adult swim will be shared with Strathmore High School.
- Every Sunday the Primary Care Network will be sponsoring Family Swim from 3:00 pm – 5:00 pm. **ADMISSION WILL BE FREE!**
- Groups such as birthday parties, sports teams etc will not be permitted during Family Swim times. Family Swim times are for Families only. Thank You.
- Definition of a Parent & Tot includes guardian and children up to and including 6 years of age.
- For more information regarding the Strathmore SilverSharks please call Shandell Laycraft @ 403 – 936 - 5040.
- Summer lesson registration dates & times to be announced.

For more information please call the Strathmore Aquatic Centre @ 403 – 934 - 3325 or  
visit our website @ [www.strathmore.ca](http://www.strathmore.ca)  
**HOPE TO SEE YOU ALL THIS SPRING!!!!**

Strathmore Aquatic Centre

May 17<sup>th</sup> – 23<sup>rd</sup> / 2010

\*SHARED TIMES

Monday, 17 <sup>th</sup>	Tuesday, 18 <sup>th</sup>	Wednesday, 19 <sup>th</sup>	Thursday, 20 <sup>th</sup>	Friday, 21 <sup>st</sup>	Saturday, 22 <sup>nd</sup>	Sunday, 23 <sup>rd</sup>
Lane Swim 6:00 – 9:00 am	Lane Swim 6:00 – 9:00 am	Lane Swim 6:00 – 9:00 am	Lane Swim 6:00 – 9:00 am	Lane Swim 6:00 – 9:00 am	Lessons 9:00 – 12:00 pm	OPEN FOR RENTALS
Aquasize 9:00 – 10:00 am	*Senior / Adult 9:00 – 10:00 am	Aquasize 9:00 – 10:00 am	*Senior / Adult 9:00 – 10:00 am	Aquasize No Instructor 9:00 – 10:00 am		
Special Need Swim Group A 10:00 – 11:00 am	Lane Swim 12:00 – 1:00 pm	Lane Swim 12:00 – 1:00 pm	Lane Swim 12:00 – 1:00 pm	Public Swim 11:00 – 12:00 pm		
Special Need Swim Group B 11:00 – 12:00 pm				Lane Swim 12:00 – 1:00 pm	*Lane / Parent & Tot 12:00 – 1:00 pm	Lane Swim 12:00 -1:00 pm
Lane Swim 12:00 – 1:00 pm				Open Swim 3:00 – 4:00 pm		
Open Swim 3:00 – 4:00 pm	Open Swim 3:00 – 4:00 pm	Open Swim 3:00 – 4:00 pm		* Privates / Parent & Tot 4:00 – 6:00 pm	Family Swim 3:00 – 5:00 pm	FREE Family Swim 3:00 – 5:00 pm
*Lane / Public 4:00 – 5:00 pm	Lessons 4:00 – 7:00 pm	*Lane / Public 4:00 – 5:00 pm	Lessons 4:00 – 7:00 pm			
SilverSharks 5:00 – 7:30 pm	Family Swim 7:00 – 8:00 pm	SilverSharks 5:00 – 7:30 pm	Family Swim 7:00 – 8:00 pm	Lane Swim 6:00 – 7:00 pm	OPEN FOR RENTALS	OPEN FOR RENTALS
Aquasize 7:30 – 8:30 pm	*Adult / Lane Swim 8:00 – 9:00 pm	Aquasize 7:30 – 8:30 pm	Deep Water Run No Instructor 8:00 – 9:00 pm	Family Swim 7:00 – 8:30 pm		
*Lane Swim 8:30 – 10:00 pm	Public Swim 9:00 – 10:00 pm	*Lane Swim 8:30 – 10:00 pm	Public Swim 9:00 – 10:00 pm	Public Swim 8:30 – 10:00 pm		

- Mondays & Wednesdays from April 12<sup>th</sup> – June 2<sup>nd</sup> evening lane swim will be shared with adult lessons.
- On Saturday, May 29<sup>th</sup> there will be no Public Swim from 1:00 – 3:00 pm and no Family Swim from 3:00 – 5:00 pm.
- Every Sunday the Primary Care Network will be sponsoring Family Swim from 3:00 pm – 5:00 pm. **ADMISSION WILL BE FREE!**
- Groups such as birthday parties, sports teams etc will not be permitted during Family Swim times. Family Swim times are for families only, thank you.
- Definition of a Parent & Tot includes guardian and children up to and including 6 years of age.
- For more information regarding the Strathmore SilverSharks please call Shandell Laycraft @ 403 – 936 - 5040.
- Summer lesson registration begins at 9:00 am on Saturday, June 26<sup>th</sup>, 2010. Doors will open @ 8:45 am.
- Please pick up a swimming lesson registration information sheet at the front desk for more information.

For more information please call the Strathmore Aquatic Centre @ 403 – 934 - 3325 or visit our website @ [www.strathmore.ca](http://www.strathmore.ca)  
HOPE TO SEE YOU ALL THIS SUMMER!!!!